



## FINAL INFORMATION FOR RIDERS – 2017 EVENT

PLEASE NOTE: THE EMERGENCY CONTACT NUMBER ON THE DAY IS

**07549286122**

### 1. Arrival / Parking

The event HQ is located at the Loch Leven Community Campus (Kinross High School). This is located on the north side of Kinross just off the A992 Milnathort road. Please refer to parking locations at the end of this document. There are 3 designated car parks for this event.

1. **Loch Leven Health Centre.**

This is adjacent to the event HQ. There are approx 80 Parking spaces available in this area. **PLEASE NO PARKING ON GRASS OR OUTSIDE MARKED BAYS.** Please respect this as we will lose the whole area if abused. Parking at the campus is restricted for event officials, volunteers and other customers of the facility. Please do not use this area. Also there is strictly no parking on the east side of the Health Centre or in Burnbank Meadows.

2. **Kinross Golf Club.**

Adjacent to the Green Hotel and on the grass area.

3. **Hattonburn**

Overflow car park

### 2. Registration (08:00 – 09:30)

On arrival please pick up your bike number, which should be fixed to the front of your bike, and your timing chip which will be fixed to the left side of your helmet. Please bring your helmet along when you collect these items. Ensure you bring your signed rider agreement form with you when you collect your numbers.

Entry to registration is via the quadrangle at the front of the school. Exit from reception is via the side door.

#### **Helmet Mounted Timing Chip:**

*Finishline of Edinburgh*, who are providing the electronic timing service again, have advised us that they will be using helmet mounted disposable chips again this year.

#### **Please read the following important information regarding the fitting of the chips.**

The disposable chip is approx a 1cm X 8cm adhesive strip that will need to be fitted to the helmet of the cyclist.

The system does not use mats but rather uses antenna on stands that will be placed by the side of the van.

Therefore the cyclists should place the chips on the **LEFT** side of their helmet. So that when they pass the van the chip will read.

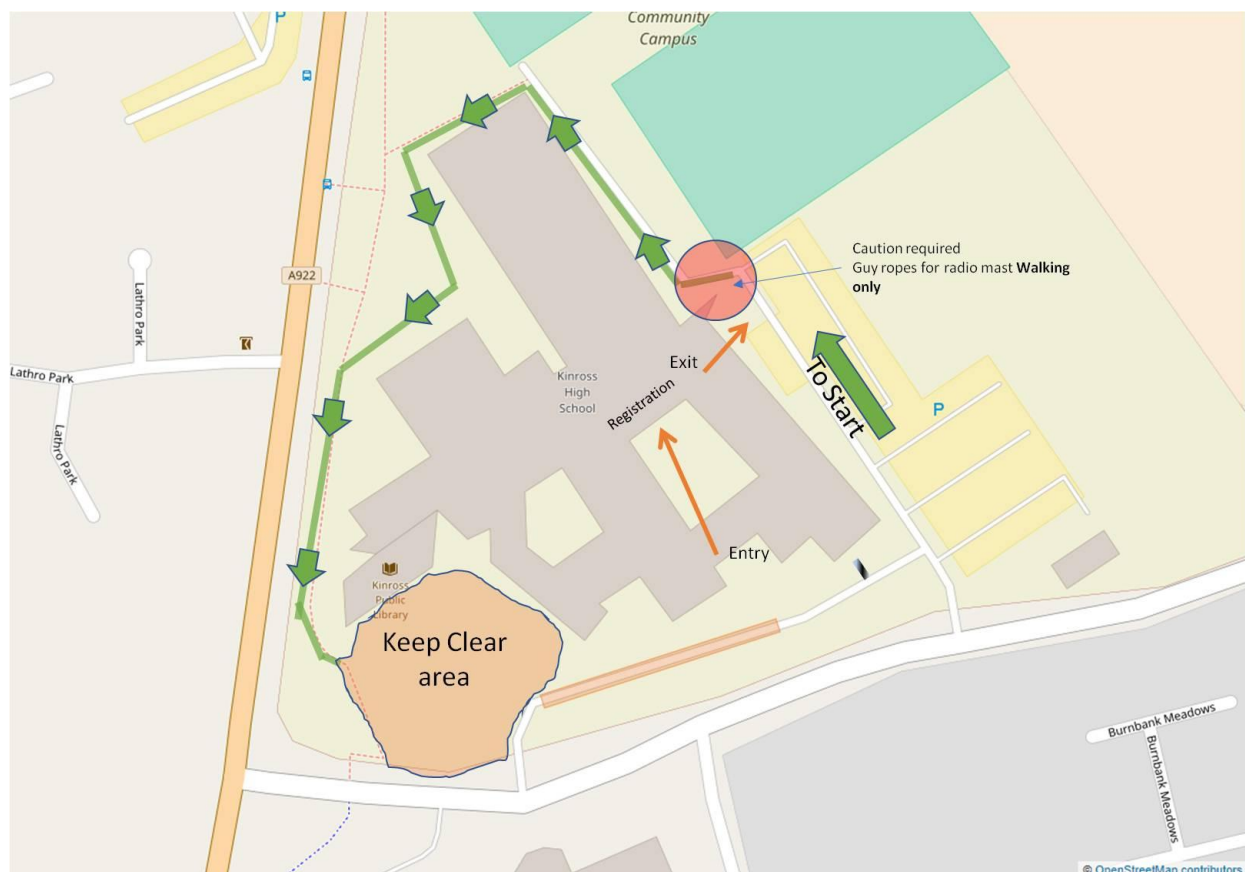
The chips don't stick well to wet surfaces and its recommended to dry the area of the helmet where you stick the chip.

Old chips the rider might have on the helmet from previous events will interfere with the chips from your race. Therefore old chips/numbers need to be removed from the helmet before the current chip is attached.

**IMPORTANT:** The chip will not work if connected to metal or Carbon. Therefore for Carbon helmets riders will need to bring their chip and helmet to **Finishline** at the van, by the start line, and they will fit the chip.

**Please ensure you bring your helmet to registration when you collect your number and chip**

**PLEASE NOTE:** A limited quantity of our new 2017 Sportive Kinross jersey will be on sale on the day. If you would like one please bring cash as there are no card facilities available. The price is £35.



### 3. Starting (08:30 – 10:00)

After collecting your bike numbers please proceed to the rear of the school buildings as shown on the diagram above. This will ensure that the start area is kept free of congestion for other users of the campus.

All riders will be held in line by event marshals and will be called to the start line in groups of 20. Please ensure you are ready to start when called forward. Groups will be started at 2 minute intervals.

### 4. Riding the Sportive

Route details can be found on the event website for each of the 3 routes. These include detailed turn by turn route sheets, maps and also gpx files for on bike navigation. There will not be hard copy of either maps or route sheets available on the day. So if you need these print a copy and bring it along. Although the routes will be fully signed, with marshals at key points, please ensure you are familiar with your chosen route.

For riders on the Red and Black routes the climb of Dunning Common, starting just as you leave Dunning, will be chip timed.

We want you to enjoy the Sportive Kinross and while we do not wish to impose too many restrictions there are a few things you can do to ensure the day is memorable for everyone and for all the right reasons.

***Please DO:***

- Obey the highway code and ride sensibly at all times. This event is NOT a race and it is on the public highway.
- Wear a cycle helmet at all times while riding. It is a condition of entry into our Sportive.
- Dress sensibly for the conditions on the day. In late April you could be suffering from heatstroke or exposure due to very low temperatures on the hills.
- Ensure that your bike is roadworthy. Its also a good idea to have it serviced before the event to reduce the chances of an unexpected mechanical on the day.
- Carry some form of identification / contact number in the event of an accident or other emergency.
- Carry tools, pump, spare tubes etc. Be self sufficient for small breakdowns etc.
- Carry sufficient food and drink with you.

***Please DO NOT:***

- Drop wrappers from energy bars, drinks bottles or any other litter. Keep everything until the end or find a roadside waste bin. Not only does it spoil some very beautiful countryside but it is unlawful.
- Pee 'alfresco' while out on the course. Toilet facilities are provided at the LLCC and at both feed stations.
- Abandon the event without contacting the event HQ (on the number supplied) or telling a marshal.

***Take Care:***

***Road Furniture / Hazards:***

- When riding in groups please take care and be aware of street furniture and other obstacles protruding into the road. Riders at the front should give a verbal warning and hand signal to indicate to those behind. Riders in the group should be aware at all times what is happening in front as the rider ahead of you may brake or swerve suddenly.
- The traffic calming measures in Kinneswood and Scotlandwell are typical of this type of hazard. With a fast moving group descending towards the obstructions, please **take extreme care**.
- In many places the road surface is in a very poor condition. Please be alert at all times and if you are at the front of a group please signal the hazards to your fellow cyclists.

***Falkland:***

- "Please take extra care and also be courteous to the residents when passing through Falkland. The fast descent off the Lomond hills ends in a narrowing of the road when entering the town. In places the road is restricted to a single lane with the possibility of other road users moving slowly or coming towards you. **SLOW DOWN** at this point and please ensure you apply common sense and adhere to the **highway code at all times**.

**Rider Route Information.**

**This document is intended to provide route specific information please read it before you leave the campus.**

All routes leave from and return to the same point.

All routes follow the same course until the small round-about at Abernethy – route deviations will be clearly marked.

### **Blue / Red / Black route information.**

There are traffic calming interventions going through Kinesswood and Scotlandwell please ensure you can see far enough ahead to be able to avoid these.

The descent to Auchmuir Bridge is very fast you will be making a left turn then a right turn at the bottom of this; please ensure you have scrubbed enough speed to be able to negotiate this junction safely.

Once into Leslie you will be directed off the main road – there are traffic calming interventions along this part of the course and you are cycling through a housing estate please watch out for children and dogs.

The climb over Lomond hill is lovely enjoy the views, the early part of the ascent is past a farm – look out for tractors and cow muck!

The descent in Falkland is great for the speed freaks among us – but please be mindful of the potential for oncoming cars and other rider who may not enjoy the descent as much as you. There is a car park just as the descent starts be careful of walkers and other road users.

There are several pot holes on the way down!

Please ensure you have scrubbed a fair bit of your speed as you come out of the woods near the bottom – the road narrow immediately after this and you might meet a car.

The Trafalgar junction is beyond Freuchie and Charlottetown and should be well respected. This is a staggered junction across the main A92 – please navigate with caution, there will be a marshal at the junction but they will NOT be stopping traffic.

Enjoy the descent into Newburgh and for those needing refuelled the feed station is on the left just as you come into the town – opposite the petrol station for those needing to refuel their bike engine...

The blue route riders will be glad to know they have broken the back of their event – along the road to Abernethy you will find traffic lights just at the Jamesfield entrance. These light “recognise” cyclist but please take care they change quite quickly – cars try to push you onto the chevrons on this bridge.

At the Abernethy round-about the route dissect – Blue route head up the hill to Glenfarg and the Red / Black route head right on to the Dron road.

### **Blue route riders only**

The ascent to Glenfarg is pleasant – enjoy it you are almost home.

In Glenfarg turn right where signed – you may be following riders doing the black route ensure you keep to your route. Keep to the road with the right of way and head for Duncricvie – take care going through Glenfarg there are always cars parked meaning you have to swing wide on the left hand turn.

This road is not in tip top condition – look out for the crumbling edges and pot holes.

Once at the end of this road turn right and head for Milnathort and back to the Campus for a well earned soup and cup of tea.

**Red / Black route riders only.**

After the Abernethy round-about turn immediately left – watch for the sizable pot hole on this junction!

Continue for about ½ mile where the routes diverge again, red going right and black going left.

**Red route riders only**

Head into Bridge of Earn and join the main road to Perth, as you reach the top of the hill you will see signs for Ardargie in a wee village called Craigenend – if you join the dual carriage way you have gone too far turn back now!

Follow this road along the hill face and down past Duppinn Estate, over the bridge heading for Dunning – at the end of this road is a level crossing please navigate with care.

**Red / Black route riders only**

Once into Dunning you may meet riders join from your left – don't worry these are the black route riders. Turn up the hill for Dunning and you will find the feed station - the feed station has moved round the corner from the location from last year

Over the common you will come to the Yetts of Muckhart junction – there is a “rectangular” round-about here – please be careful, this junction often confuses drivers! Navigate the round-about.

**Red route riders only**

Immediately after the round-about take the left turn and head for rumbling bridge, take the road sign posted for Lendrick Muir – this road is often used by locals a rat run, ensure you keep to the correct side of the road.

Once into Crook of Devon turn left and follow the road to the junction beside the petrol station, go right. This is a fast road beware of traffic.

You are almost home and there are no major obstacles now – you will possibly be joined by Black route riders from your right as you past Cleish Mill.

**Black route riders only**

Having split from the red route you have the joy of ascending Wick O'Baigle – enjoy the ascent and the descent back down into Glenfarg. You will join the Blue route just as you come into Glenfarg – follow the signage taking you to the right then right again up Church Brae. This leads you onto what is essentially a single track road – follow this road and turn right heading for Path of Condie and Dunning. This road is also single track with several fast descents – out of Path of Condie you have a cheeky wee hair pin to negotiate.

Once into Dunning there is the feed-station – the feed station has moved round the corner from the location from last year.

Once at the Yetts of Muckhart follow the road toward Dollar – this is the main road towards Stirling, please take care as it can be very busy. About two miles down you will see the sign for Vicars Bridge – this is a fast descent with a sharp right hand turn half way down and with considerable gravel.

In Blairingone you have a staggered junction to navigate across the busy main road to Falkirk.

As you head towards Saline you are on a "Walking & Cycling friendly road" it is essentially single track and also used by horse riders please take care.

You are almost home ... once through Saline follow the signs – up over Knockhill, be aware there is a car racing circuit at the top of this road and some drivers can pass fast and close!

Once onto Cleish hill ascent please look out for potholes and crumbling roads.

## 5. Feed Stations

There will be two feed stations.

**Newburgh:** (09:45 to 14:00 all three routes)

At the east end of the town opposite the petrol station. Water, a selection of tray bakes and other items will be available.

**Dunning:** (11:15 to 15:45 Red and Black routes)

***Please note that the Dunning feed station has moved this year.*** It is located in Thorntree Square which is a couple of hundred metres past the Kirkstyle Inn, after the left turn to begin the ascent of Dunning Common. Water, a selection of tray bakes and other items will be available. Drinks / meals will also be available to purchase from the Kirkstyle Inn which is just behind the feed station area.

## 6. The Finish

On arrival back at the Loch Leven Community Campus ensure you pass over the finish line to record the time taken to complete the event. You will then be directed to the arrival area where you will receive your event memento and a voucher to obtain refreshments at the campus cafe.

**PLEASE NOTE:** The centre closes at 18:00. There will be no hot food available after 16:00 and no cold food after 17:00

Toilets, changing rooms and showers are available within the Community Campus.  
We hope to have the results available on our web site within 24 hours of the finish.

PLEASE NOTE: THE EMERGENCY CONTACT NUMBER ON THE DAY IS  
**07549286122**

**PLEASE SEE THE NEXT PAGE FOR CAR PARKING INFORMATION**

## 7. Parking locations within Kinross

